Youth on the frontline – Partners in Service Delivery

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Young people have so much potential!

• We have energy
• We have ideas
• We have lived experiences
• We want to learn, gain professional experience and develop ourselves
What can we do to assist in service delivery?

We can play many roles:

• Community Adolescent Treatment Supporters (CATS)/ peer supporters
• Counsellors – adherence, SRHR
• Educators – health talks & treatment literacy
• Condom and lube distribution
• Facilitate support groups and other safe spaces
• Help to improve the quality of services
• Community mobilisers
• Advocates
Sometimes it may feel challenging involving us

Some of us...

• May ask a lot of questions as we learn
• May still be developing specific skills
• May feel shy because it’s a different environment and we are figuring it out
• May have a lot of priorities so can only work certain hours
• And more...!
But we make great partners & help to achieve great results!

• We understand the issues other young people are facing so we can help shape services and how they are delivered
• We know how to speak to our peers to build their knowledge
• We know how to engage our peers in activities that will encourage them to feel good about themselves, to take care of themselves, to visit health facilities, to ask questions and to speak up when they need help
• We know where the gaps are and we can speak up and advocate for these so our health facilities are well-staffed, well-resourced and so we can serve children, adolescents and young people well
An example of work we are doing – READY+

• READY+ = Resilient, Empowered Adolescents and Young People Living with HIV

• Working in 4 countries, including Zimbabwe

• In Zimbabwe, we are part of a collaboration with health facilities to:
  • train and support CATS (to work in health facilities and in communities)
  • to train health providers on adolescent-friendly services, including psychosocial support and SRHR
Another example of work we are doing – P2Z

• P2Z = Peers to Zero Coalition
• Working in East and Southern Africa countries.
• In Zimbabwe, the project also supports health facilities to:
  • improve the quality of adolescent-friendly services provided at the facility.
  • strengthening AYPLHIV engagement in HIV treatment and care
Want to do more with young people?

• We want to work more with you!
• Reach out to youth organisations to identify ways to collaborate
• Budget resources to cover our time, transport and costs – value our contributions
• Mentor us
• Listen to us
• Learn from us
• Listen to us
Thank you for listening and for all you do to care for us everyday