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Service delivery interventions to improve adolescents' retention in pre-ART care; retention in ART care, and adherence to ART

Peter MacPherson, Chigomezgo Munthali, Jane Ferguson, Alice Armstrong, Katharina Kranzer, Rashida Ferrand, David Ross

IATT Webinar on Adolescent Care and Treatment

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The adolescent-focused HIV care cascade



Objective

To evaluate the effectiveness of service delivery interventions to improve adolescents':

- Retention in pre-ART care = Linkage from HIV diagnosis to antiretroviral therapy (ART) initiation
- Retention on ART
- Adherence ART

Systematic review methods

- **Inclusion**

- Studies published between 1/1/2011 – 9/6/2014
- RCTs and non-randomised studies
- Service-delivery interventions specifically targeted towards adolescents, or >50% of participants adolescents, or age-disaggregated data available for 10-19y range or part thereof

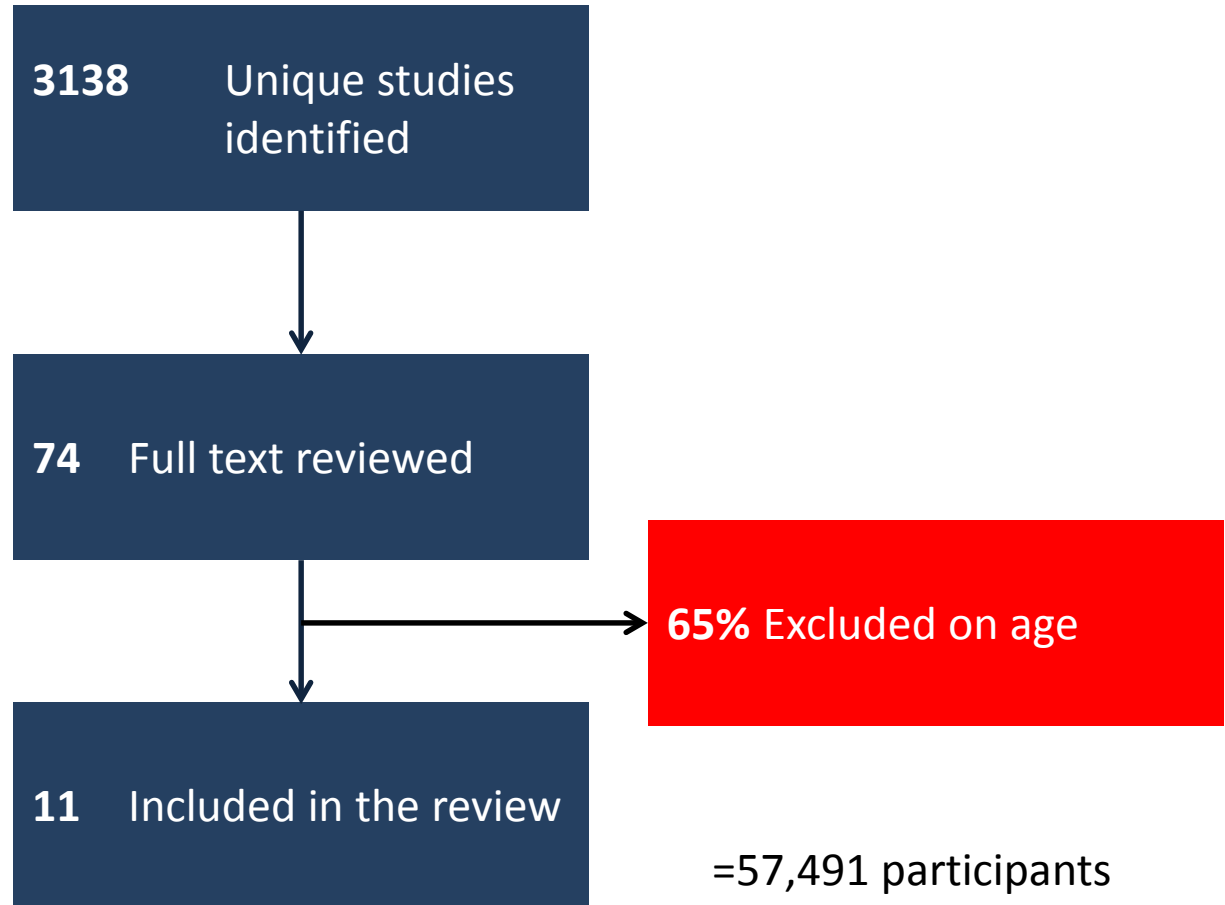
- **Exclusion**

- Non-English language studies
- Reviews, commentaries, qualitative studies, modelling/economic studies

Definitions

- Service delivery interventions
 - Interventions provided through the health system or health providers, excluding clinical treatment options (such as specific ART regimens or combinations)

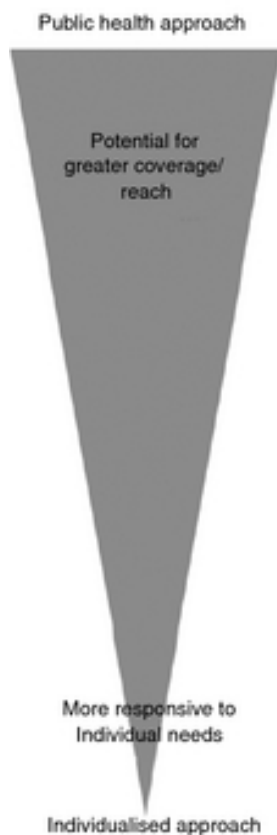
Search Results



Characteristics of included studies

Characteristics of studies	Number
<i>Interventions</i>	
Linkage	1
Retention	2
Adherence	9
<i>Country</i>	
High income	8 (USA=6, France=1, UK=1)
Low income	3 (South Africa=1, Thailand=1, Kenya/Mozambique/Rwanda/Tanzania=1)
<i>Study design</i>	
Randomised controlled trials	3
Non-randomised studies	8
<i>Participants</i>	
Treatment/virological failure	6
All clinical attendees	5

Interventions assessed



LEVEL	INTERVENTIONS	STUDIES IN THIS REVIEW INFORMING RECOMMENDATION	ADOLESCENT GROUP
POLICY/HEALTH SYSTEM-LEVEL	Decentralisation	Davila ¹⁶	Pre-ART clinic attenders ART clinic attenders ART failure/poor adherence
PROVIDER/HEALTH FACILITY-LEVEL	Adolescent/youth-friendly opening hours	Lamb ²³	Pre-ART clinic attenders ART clinic attenders
	Adolescent-specific services	Davila ¹⁶ , Lamb ²³	Pre-ART clinic attenders ART clinic attenders
COMMUNITY-LEVEL	Peer-support	Funck-Brentano ²⁰	ART clinic attenders ART failure/poor adherence
INDIVIDUAL-LEVEL	Education and counselling (Including education sessions, individual and group counselling, motivational interviewing and case management)	Lyon ²⁵ , Berrian ¹⁶ , Letourneau ²⁴ Kaihin ²² , Bhana ¹⁷ , Lamb ²³	Pre-ART clinic attenders ART clinic attenders ART failure/poor adherence
	Directly observed therapy	Glickman ²¹ , Parsons ²⁰	ART failure/poor adherence
	Adherence support devices	Berrian ¹⁶ , Foster ¹⁹	ART clinic attenders ART failure/poor adherence
	Financial incentives	Foster ¹⁹	ART failure/poor adherence

What works?

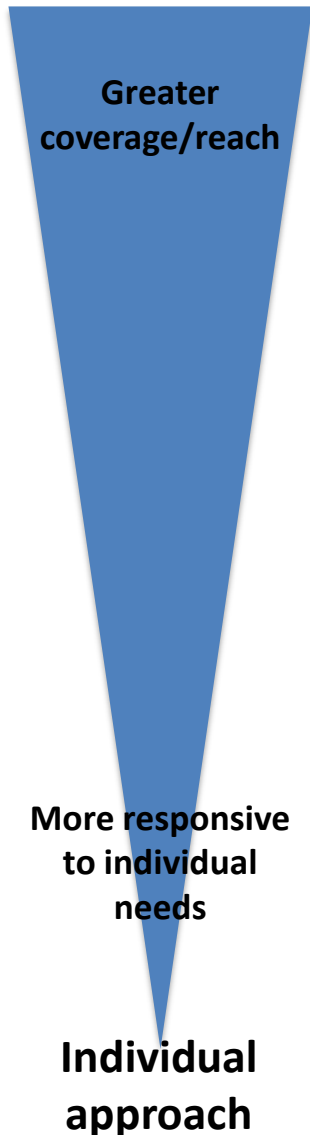
Limited evidence for effectiveness

- **Linkage (n=1):**
 - Adol/youth-friendly clinics: **No impact**
- **Retention (n=2):**
 - Adol/youth-friendly clinics **↓**
 - Centralised care & enhanced youth support **↑**
- **Adherence (n=9):**
 - Individual or family counselling **↑**
 - Peer-support groups **↑**
 - Group therapy & peer support **↑**
 - Motivational interviewing **?**
 - Home visits **↑**
 - Directly observed therapy **↑**
 - Financial incentives **↑**
 - Adherence support devices **?**

Conclusions

- Few studies (n=11)
- 9/11 small (<100 clients)
- Substantial methodological and reporting issues, limiting conclusions
- Only 3 RCTs (34, 37, 65 participants)
- Only 3 in high prevalence countries
- 5/11 evaluated “routine” interventions
- 6/11 evaluated “salvage” interventions

System-level



Research priorities

- Larger & more rigorous studies of interventions included in this review
- Studies of the specific effects in adolescents of other interventions that have been found encouraging in adults
- Should span system, group, and individual-level interventions